



Drink Tea, Eat Cake

Richard Sylvester

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Just before the publication of his second book in German, Richard was invited on a promotional tour of Germany. The resultant book - part travelogue, part book of non-dual dialogues - is an entertaining and profound collection of talks, commentaries and asides recorded whilst Richard travelled across the Rhineland with Carl the translator. Whether met with scepticism or appreciation, Richard Sylvester never fails to deliver a message of undiluted non-dualism with humour, compassion and equanimity. "It is rare to find a work that is devoid of any agenda to satisfy the seeker's need to be given a path or a purpose to follow. However, Richard's latest book is just such a rarity ... Every response to a rich variety of questions points unwaveringly towards the non-dual perspective ... The reader is carried along and inspired by an expression that comes out of a deep and rich experience of life with all of its complexity and humour ... Here is a book to savour, to chuckle with and to keep and refer to as a rare work of undiluted non-dualism." Tony Parsons - author of The Open Secret

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