



Salt, Sweat, Tears: The Men Who Rowed the Oceans

Adam Rackley

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A riveting first-person account and history of rowers who have attempted to navigate across the Atlantic

More people have climbed Mount Everest than have rowed across the Atlantic. For more than seventy days, Adam Rackley and his rowing partner ate, slept and rowed in a boat seven meters long by two meters wide, in one of the world's most extreme environments. This is his story of adventure, endurance, and self-discovery.

They were following in the wake of pioneers. In 1896 George Harbo and Frank Samuelsen, a pair of Norwegian fisherman, crossed the 2,500 miles in a wooden fishing dory—and their record stood for 114 years. John Fairfax, a smuggler, a gambler, and a shark hunter, was the first to complete the feat singlehandedly in 1969. Others have followed; some have not survived the attempt. This is their story, too.

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