

Around the Table: Women on Food, Cooking, Nourishment, Love . . . and the Mothers Who Dished It Upfor Them

Lela Nargi

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This unique tribute to women, food, and family is brimming with top-notch food writing and delicious recipes.

In this mouthwatering celebration of the role cooking plays in our lives today, women describe the foods their mothers and grandmothers made for them and how they carry on the tradition of lovingly preparing for their own families "mother's very finest." Lela Nargi gathers around the table a wide array of women-from biologists and book editors to mathematicians and marketers-to discover why they feel that everything important in life-creativity, patience, time alone, time with others, nourishment mboth physical and spirituallies in the simple act of cooking a meal.

Featuring a baker's dozen women and their favorite home-cooked recipes-including the Thinking Person's Cheesecake and Day-After Thanksgiving Gumbo-Around the Table will delight any woman who relishes the act of putting food on the table for the people she loves.



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