



# Phantom Illness: Shattering the Myth of Hypochondria

*Brian Fallon, Carla Cantor*

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**Phantom Illness: Shattering the Myth of Hypochondria** Brian Fallon, Carla Cantor

This is truly a breakthrough book - the first to offer hope to those struggling with a debilitating disorder generally dismissed by the medical community: hypochondria. Carla Cantor validates the often discounted fears and confusions of sufferers by sharing her own story of recovery as well as the compelling accounts of hundreds of others. Authoritatively and encouragingly, she summarizes the latest knowledge and research on the nature of the disorder and its possible treatments.

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