



Secrets of the Spas: Fifty Ways to Pamper and Revitalize Yourself at Home

Catherine Bardey

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Introducing a new series of clever little boxes with tops that slide off to reveal a deck of 52 cards inside. Each card features a recipe and detailed instructions on one side, and a rich, full-color photograph on the other.

Sumptuous spa treatments don't have to cost a fortune when you follow these simple recipes for revitalizing, deep cleaning, moisturizing and relaxing your body and mind--all illustrated and packaged in a convenient pack of individual cards.

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