



The Noble English Art of Self-Defence (The London Library)

Ned Donnelly

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A book of boxing by one of the nineteenth-century stars, celebrating the 175th anniversary of The London Library.

Ned Donnelly, a former prize fighter turned boxing instructor and author (with a lot of help from his literate friends), was a household name as a one of the most successful, famous, and respected instructors in the history of British boxing. This delightful book - more than an instruction manual, more than an amusing pastime - captures the fighting style from a crucial moment in boxing history right after the Prize Ring had become extinct. With a detailed clarity of expression, and accompanied by charming illustrations of a slightly paunchy boxer, it is a fascinating insight to the man who trained George Bernard Shaw.

The books in "Found on the Shelves" have been chosen to give a fascinating insight into the treasures that can be found while browsing in The London Library. Now celebrating its 175th anniversary, with over seventeen miles of shelving and more than a million books, The London Library has become an unrivalled archive of the modes, manners and thoughts of each generation which has helped to form it.

From essays on dieting in the 1860s to instructions for gentlewomen on trout-fishing, from advice on the ill health caused by the "modern" craze of bicycling to travelogues from Norway, they are as readable and relevant today as they were more than a century ago.

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