



# Practical footcare for nurse practioners: A training manual and clinical handbook

*Ronald A Nicholson*

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# Practical footcare for nurse practioners: A training manual and clinical handbook

Ronald A Nicholson

**Practical footcare for nurse practioners: A training manual and clinical handbook** Ronald A Nicholson  
*Practical Footcare for Nurse Practitioners* is a practical training manual and clinical handbook written for nurse practitioners responsible for evaluating and treating foot problems. Designed to facilitate rapid learning and review of its subject, this concise text discusses the most commonly encountered foot disorders in the primary care environment. It presents treatment methods -- including minor surgery -- appropriate in the managed care primary care practice.

*Practical Footcare for Nurse Practitioners* consists of six sections. The first two sections describe common foot pathology (Section One by specific anatomic location, Section Two generally). Section Three teaches local anesthetic and therapeutic injection techniques. The fourth section presents minor surgical procedures through a "cookbook" approach. Section Five presents a large amount of material concerning orthotics, pads, straps, appliances, foot care considerations in systemic disease, shoes, physical therapy, over-the-counter products, and local anesthetic and steroid drugs. The final section deals with important aspects of practice economics. Throughout the six sections, the author includes practice tips and clinical management notes which render helpful advice in providing effective care and in avoiding the pitfalls of foot care practice. The text also includes treatment protocols, procedure reports, patient education information, and other information useful in clinical documentation.

*Practical Footcare for Nurse Practitioners* is ideal for practitioners in both the managed care environment and in fee-for-service practice seeking to expand their range of professional services.

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