



Scientific Boxing: The Deluxe Edition

James J Corbett

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In 1892, "Gentleman" James J. Corbett defeated John L. Sullivan to become the heavyweight champion of the world. Using his own "scientific boxing" techniques, Corbett delivered a blistering lesson to the previously unbeatable Sullivan, ending the fight with a knockout in the 21st round. With Corbett's win, a new era in boxing began. ***** Corbett is considered by many to be the "father of modern boxing" for being the first person to apply scientific principles to the art of pugilism. In "Scientific Boxing," the creator of such boxing innovations as the "left hook" distills his scientific methodology into an accessible manual of boxing techniques. This classic book contains sections on fundamental boxing techniques, fouling techniques, and the various boxing rules of his time. ***** This deluxe edition of "Scientific Boxing" contains additional photos and an added account of the fight between Corbett and Sullivan. ***** James J. Corbett (1866-1933) held the title of heavyweight champion from 1892 to 1897. He was the first to win the title under the Marquis of Queensberry rules. College educated, Corbett was also an actor, writer, and boxing coach. ***** "Corbett marked the turning point in ring history, replacing mauling sluggers with the new school of faster, scientific boxers." Bob Burrill, "Who's Who in Boxing"

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