



Letting Go and Moving On

Marilyn Gustin

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If not dealt with promptly and properly, certain negative feelings like anger, guilt, and loneliness can really get a person down. Everyone, at various times in life, can identify with this and similar issues, yet these are topics not often discussed or written about. This pamphlet offers practical advice on how to let go of those negative feelings by asking for Gods help to overcome such potentially deadly attitudes and getting on with enjoying the beauty of life.

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