



Awesome at Being Awesome: A Self-Help Book for People Who Hate Self-Help Books

Danny Pehar

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When you were a kid you dreamed of building spaceships and being a superhero. Everything was magic, everything was awesome. But then you suffered disappointments: weight issues, relationship problems, money troubles, career troubles. Eventually the impossible was no longer possible. *You lost your awesome.*

But what if you could get it back? *You can.* Through funny, informative and inspiring stories from his life and work experience, Danny Pehar shows how strengthening one aspect of the three main parts of your life - mind, body and soul - will help you strengthen and balance the others.

And the results? You will learn to do an awesome amount of awesome things - from weight management to career management, from saving money to saving relationships, from building the perfect résumé to building the perfect speech, from getting through the toughest job interview to getting through the toughest day.

PRAISE FOR AWESOME AT BEING AWESOME

"Danny is a good boy." -Danny's dad

"This book is awesome." -Danny's friends

"Danny has great hair." -Anonymous (but probably Danny)

"This book is better than the last one you read." -Danny's sure someone said this

"This book is better than ice cream." -Danny's almost positive he heard this one guy say this

"This book is like a hug, combined with a high five and a GPS through life." -Someone really cool said this

"You know that helpful friend that comes over and is funny, easy to listen to, gives great advice and tells good stories? That's what this book is." - Someone very insightful said this

"You are already awesome. Now learn how to be awesome at being awesome!" -Danny Pehar

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From reader reviews:

Susan Arnold:

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Ray Shippee:

As people who live in typically the modest era should be change about what going on or info even knowledge to make all of them keep up with the era which is always change and progress. Some of you maybe can update themselves by reading through books. It is a good choice for you but the problems coming to a person is you don't know which you should start with. This Awesome at Being Awesome: A Self-Help Book for People Who Hate Self-Help Books is our recommendation to help you keep up with the world. Why, since this book serves what you want and need in this era.

Jimmy Stansberry:

Spent a free a chance to be fun activity to do! A lot of people spent their leisure time with their family, or their own friends. Usually they performing activity like watching television, planning to beach, or picnic inside the park. They actually doing ditto every week. Do you feel it? Do you want to something different to fill your own free time/ holiday? Might be reading a book could be option to fill your free of charge time/ holiday. The first thing that you ask may be what kinds of publication that you should read. If you want to test look for book, may be the guide untitled Awesome at Being Awesome: A Self-Help Book for People Who Hate Self-Help Books can be excellent book to read. May be it is usually best activity to you.

Stacie Logan:

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