



300 Yards for SENIORS

Robb Robbins

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See my 137 mph golf swing at www.swingspeedgolf.net or at www.youtube.com/watch?v=tOtN4GjA2N4. See for yourself how a 66-year old amateur swings at professional speeds without a great deal of effort. This concise, 30-page, illustrated golf guide is for golfers who have tried “conventional golf instruction” but never developed any speed. This is NOT Ben Hogan’s swing. This is not for golfers who don’t really want to change their swing or their thinking. This swing is for dedicated golfers who want to LEAD THE WAY DOWN THE FAIRWAY, not bring up the rear. This swing emulates former and current tour greats like Jack Nicklaus, Freddie Couples, Bubba Watson and John Daly as well as (the late) Mike Austin. 300 Yards for Seniors focuses on specific techniques to maximize your swing speed and increase your distance off the tee. 300 Yards for Seniors is written by a 66 year old, retiree who at 64 gained 50 yards off the tee, and whose readers as posted on www.swingspeedgolf.net are achieving 70 to 80 yard increases. No other book identifies these moves or locations in the swing to increase speed. No other book describes the exact moves which enable you to “whip” the club head through impact. Increasing swing speed is not that difficult, but as your swing speed improves, SO MUST YOUR TIMING and execution. This is NOT “pixie dust”. Those who follow the practice regimen you can expect incremental gains. Those who “PERFECT” their timing can reach distances THEY WON’T BELIEVE! ...And, if you have swing issues, you can contact me at swingspeedgolf@frontier.com for help. “If I can do it, anyone can do it.” Author, Robb Robbins.

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