

Adult Coloring Journal: Co-Dependents Anonymous (Nature Illustrations, Tribal)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.



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Neil Myers:

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Clifford Hudgins:

The particular book Adult Coloring Journal: Co-Dependents Anonymous (Nature Illustrations, Tribal) has a lot details on it. So when you make sure to read this book you can get a lot of advantage. The book was written by the very famous author. The author makes some research ahead of write this book. That book very easy to read you can get the point easily after looking over this book.

Dennis Ross:

People live in this new day of lifestyle always try to and must have the extra time or they will get large amount of stress from both lifestyle and work. So, if we ask do people have spare time, we will say absolutely of course. People is human not only a robot. Then we inquire again, what kind of activity do you have when the spare time coming to anyone of course your answer may unlimited right. Then ever try this one, reading textbooks. It can be your alternative within spending your spare time, the particular book you have read is definitely Adult Coloring Journal: Co-Dependents Anonymous (Nature Illustrations, Tribal).

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