



Book for Crohns: Written by the Crohn's community for the Crohn's community

forCrohns

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All profits raised from the sale of this book, fund vital Crohn's research Book forCrohn's is full of help but also full of hope. Sue Marsh, Crohn's sufferer, health care campaigner and journalist calls it 'possibly the most important development I've seen in the 30 years I've spent fighting for a better understanding of IBD' Book forCrohn's is an invaluable community in a book – a one stop shop for anyone with Crohn's disease, their family and friends. It has been produced and edited by the forCrohns charity, bringing together contributions from a wide range of medical professionals and patients. Each chapter begins with a medical professional, (including a gastroenterologist, surgeon, dietician, psychologist, IBD nurse) introducing the topic in plain layman's terms and is then followed by real life, personal accounts written by those with Crohn's. It concludes with tips and suggestions from the professionals and from the patients themselves. Topics covered include: · diagnosis · medical treatments · everyday life · diet · surgery · the psychological impact of Crohn's disease · having children when you have Crohn's · having relationships · managing working life. There are also sections written by and for children and young adults with Crohn's disease and a section devoted entirely to the stories of relatives and loved ones. 'I think this is just what Crohn's sufferers need. Authoritative, human, engaging and humane, the story is told clearly from every angle.' Robin Phillips, Consultant colorectal surgeon specialising in IBD and Clinical Director of St Mark's Hospital. 'I have no doubt that this book will become a pocket reference guide to so many people affected by Crohn's disease.' Marian O' Connor, Consultant IBD nurse, St Marks Hospital.

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Ruth Coleman:

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