



Flings, Frolics, and Forever Afters: A Single Woman's Guide to Romance after Fifty

Katherine Chaddock, Emilie Chaddock Egan

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Turning fifty is difficult for everyone, but when you're fifty, female, and single, the combination can feel downright scary. In *FLINGS, FROLICS, AND FOREVER AFTERS*, fifty-something sisters Katherine E. Chaddock and Emilie Chaddock Egan combine their own and others' experiences with divorce, widowhood, and the single life after fifty to present an eight-step plan to building a life filled with great romance. For women seeking all types of male companionship, from one-night romps to museum buddies to long-term partners, the Chaddock sisters tell it like it is -with the wisdom, humility, and playfulness that comes with age. Featuring real-life stories, practical checklists, revealing questionnaires, and informative sidebars, this gutsy and inspiring guide will motivate shy and stuck-in-a-rut women to get up, get out, and get the guy.

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