



# **Sailing into Retirement: 7 Ways to Retire on a Boat at 50 with 10 Steps that Will Keep You There Until 80**

*Jim Trefethen*

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*How-to guidance for retiring on a boat?for aging captains and landlubbers*

Have you ever thought you might want to retire on a boat? Of course you have or you wouldn't have picked up this book! Whatever form your yearning for aquatic retirement takes, Jim Trefethen can help you realize the dream.

After sailing together for over 40 years, the Jim and his wife have learned the secrets of living a content and productive life. Here Jim shares those secrets, including:

- Making sure you really want to do it: then make sure you are sure.
- How to upsize your ambitions while downsizing your life, in ways that will enhance your retirement
- How to get all your shore-side affairs in order, then to make some important adjustments in your attitude, confidence, and self esteem
- Easy-to-understand pointers and suggestions for deciding which type of retired cruising is best for you
- A ten-step plan to buying a boat with as little drama as possible
- How to modify your new/old floating retirement home to make it safer, more comfortable, and more elderly friendly

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