

The Happy Student: 5 Steps to Academic Fulfillment and Success

Daniel Wong



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Are you a happy, motivated student? Or do you drag yourself to class every morning? In The Happy Student, Daniel Wong describes the five key steps you need to take in order to become both a successful and happy student. Wong scored straight A's all through college and received numerous academic honors and awards, but he didn't find fulfillment in his achievements until he discovered the five steps. Wong draws on his personal journey—from unhappy overachiever to happy straight-A student—to guide you through your own transformational process.

If you're a high school or college student who has begun to question what the true purpose of education is, The Happy Student will lead you to the right answer. If you're a teacher or parent, The Happy Student will explain how you can help your students become intrinsically motivated.

"You must become purpose-driven rather than performance-driven," says Wong. "You must ask the 'why' questions before you ask the 'how' questions. You must learn how to climb the ladder more effectively, but only after you've made sure that the ladder is leaning against the right wall."

In The Happy Student, Wong shows you how to:

Enjoy a new sense of purpose in your academics Keep your motivation levels high every day using practical strategies Conquer your fear of failure Set meaningful goals and achieve them Increase your self-confidence Deal with the expectations of parents and teachers Fall in love with learning again

Don't leave your happiness to chance. The Happy Student can make the difference between frustration and fulfillment in your academics.

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