



# Healing Children: A Surgeon's Stories from the Frontiers of Pediatric Medicine

*Kurt Newman M.D.*

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**Healing Children: A Surgeon's Stories from the Frontiers of Pediatric Medicine** Kurt Newman M.D.  
**A groundbreaking medical memoir by one of our nation's leading pediatric surgeons—the visionary head of Children's National—for fans of Jerome Groopman and Atul Gawande.**

Anyone who has seen a child recover from a deep wound or a broken bone knows that kids are made to heal. Their bodies are more resilient, more adaptive, and far more able to withstand acute stress than adults' bodies. And yet children are often treated as an afterthought by the medical establishment and shunted off to doctors who specialize in treating adults. Will an anesthesiologist accustomed to treating older patients know how best to handle a toddler going under for the first time? If your soccer-playing daughter suffers a concussion, should you take her to the nearest ER—or drive further to seek out doctors who specialize in treating kids?

In this deeply inspiring memoir, Dr. Kurt Newman draws from his long experience as a pediatric surgeon working at one of our nation's top children's hospitals to make the case that children are more than miniature adults. Through the story of his own career and deeply moving accounts of the brave kids he has treated over the years (and their equally brave and determined parents) he reveals the revolution that is taking place in pediatric medicine.

When Dr. Newman decided to specialize in pediatrics in the '80s, the field was in its infancy, struggling for investment and esteem. Now, nearly forty years later, pediatric medicine is in the midst of an exhilarating transformation, but few parents know how to find the best doctors or access the best care for their children. Far too many find themselves marooned, frustrated, and afraid. Dr. Newman wrote this book in part to help guide parents—not only of sick kids, but of all kids. A deeply human story with a spectacular cast of young heroes and heroines, *Healing Children* will convince you that we still have a lot to learn from our kids.

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