

User's Guide to Pycnogenol: Nature's Most Versatile Supplement

Richard A. Passwater



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User's Guide to Pycnogenol: Nature's Most Versatile Supplement Richard A. Passwater One of the most remarkable natural antioxidants ever discovered, Pycnogenol is a complex of more than forty individual antioxidants extraced from the bark of French maritime pine trees. It has been shown in scientific studies to reduce the risk of cardiovascular diseases, painful inflammation, and even erectile dysfunction.

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