

Adult Coloring Journal: Survivors of Incest Anonymous (Pet Illustrations, Abstract Trees)

Courtney Wegner



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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Eva Burton:

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Lucy Fletcher:

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Krystal Sutherland:

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John Collins:

That publication can make you to feel relax. This specific book Adult Coloring Journal: Survivors of Incest Anonymous (Pet Illustrations, Abstract Trees) was colourful and of course has pictures on the website. As we know that book Adult Coloring Journal: Survivors of Incest Anonymous (Pet Illustrations, Abstract Trees) has many kinds or type. Start from kids until adolescents. For example Naruto or Private eye Conan you can read and believe you are the character on there. So, not at all of book tend to be make you bored, any it can make you feel happy, fun and unwind. Try to choose the best book to suit your needs and try to like reading in which.

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