

Adult Coloring Journal: Survivors of Incest Anonymous (Pet Illustrations, Pastel Stripes)

Courtney Wegner



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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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Alex Lynch:

As people who live in the modest era should be update about what going on or information even knowledge to make them keep up with the era and that is always change and progress. Some of you maybe may update themselves by reading books. It is a good choice for you personally but the problems coming to you is you don't know what type you should start with. This Adult Coloring Journal: Survivors of Incest Anonymous (Pet Illustrations, Pastel Stripes) is our recommendation so you keep up with the world. Why, because book serves what you want and wish in this era.

Richard Reardon:

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Louis Gayman:

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