



**Protect, Backup and Clean Your PC for Seniors:
Stay Safe When Using the Internet and Email and
Keep Your PC in Good Condition! (Computer
Books for Seniors series)**

Studio Visual Steps

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It is very important to safeguard your computer and protect your privacy while surfing the Internet. What can you do to prevent cybercriminals from getting hold of your personal data? How do you safely use the Internet without contracting viruses on your computer? How do you make sure it is safe to shop online or do your Internet banking?

In this book we explain how to protect your computer from viruses and spyware. We also discuss some of the measures you can take when browsing the Internet or sending and receiving email.

It is also very important that you create regular backups of your computer. A backup copy will protect you from losing your valuable personal files and photos in case your computer crashes. The last topic in this step-by-step book is maintenance. We will show you how you can clean up your computer by deleting unneeded programs and files, and checking your hard disk for errors. This helps to make your computer function faster and also more efficiently.

In short, this comprehensive title is indispensable for any computer user that values good security measures, privacy, and a well-functioning computer!

Learn how to:

- Protect your computer from viruses and spyware
- Prevent spam
- Manage the privacy and security settings
- Shop safely online
- Use online banking and take security measures
- Use Facebook and Twitter safely
- Create backups
- Defrag and optimize the hard drive

Suitable for:

Windows 8.1 and Windows 7

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