



Aggression and Its Causes: A Biopsychosocial Approach

John W. Renfrew

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Aggression and Its Causes explores the causes and control of aggression from a broad scientific perspective, offering many recent findings on aggression and integrating several perspectives often viewed as incompatible. Its balanced approach combines biological, environmental, and social components to illustrate how these bases contribute to the problems of aggression. The biological section describes the possible contributions of genetic mechanisms, gender, and sexual hormones, including investigations of the premenstrual syndrome. There is also a discussion of the roles that brain mechanisms may play in aggressive behavior, as well as the problems with human brain dysfunction and drug use. The environmental section describes stimuli and environmental conditions that may produce aggression, and the effects of conditioning and learning. Finally, social psychological factors are described, along with the media's effect on aggression. The author covers various applied areas of special contemporary concern, such as juvenile delinquency, sexual and physical abuse of children, spousal abuse, and rape, concluding with a final chapter that discusses various psychiatric disorders that may involve aggression. Appropriate for upper-level undergraduates in psychology, sociology, social work, criminal justice, and education, and for professionals who encounter aggression, this text offers an excellent basis for understanding the causes of aggression and many ideas for how it may be controlled.

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