



Mixed Emotions : A tool that helps you make decisions, solve problems, resolve conflicts, and more

Petra Martin

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Have you ever wished it were easier to make decisions, solve problems, improve relationships, or figure out which career is right for you? Well, it can be. You were born with an inner guidance system--your feelings--and Mixed Emotions can help you learn to use it. Mixed Emotions features beautifully illustrated cards that you can use to access the full power of your inner guidance system. You lay out the cards in meaningful ways to identify patterns and subtleties that you might not have considered before. The knowledge you gain gives you new insights and helps you consider new options. Whether you have a decision to make, a conflict to resolve, or just want to prioritize the things in life that are important to you, Mixed Emotions can help. Without insight into your emotions, it's difficult to make informed choices, especially during times of change or stress. Listen to what your inner guidance system is telling you, and then find your bliss. Mixed Emotions comes with 60 emotion cards, 12 instructional cards, five blank cards (so you can create your own), an instruction booklet, and a drawstring bag to carry your cards in.

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