



Rowing After the White Whale: A Crossing of the Indian Ocean by Hand

James Adair

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Over a boozy Sunday lunch, flatmates James Adair and Ben Stenning made a promise to row across the ocean. At first they considered the Pacific, then the Atlantic, but once James and Ben completed the high-profile Atlantic Rowing Race, their thoughts turned to the Indian Ocean, longer and tougher than the Atlantic and having seen fewer people row across its waters than have walked on the Moon. After years of planning and fundraising, they are ready to launch in the spring of 2011. Neither James nor Ben had any rowing or sailing experience. To add to this, James had paralyzed feet as a result of contracting Guillain-Barre syndrome at the age of 14. It locked his body into total paralysis for three months while his mind had remained completely active, and lack of the ability to move his feet was its result. This adventure was a challenge that neither man should have ever considered, yet it is chronicled in this harrowing story.



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