

Stop Arguing and Start Understanding: Eight Steps to Solving Family Conflicts

David C. Hall MD

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Stop Arguing and Start Understanding: Eight Steps to Solving Family Conflicts David C. Hall MD An experienced child psychiatrist shows parents how to end conflicts in their families. Inspires parents with real-life examples that will change the way parents think about and solve their familys problems. Teaches better ways to communicate and how to create a support network shows when its time to get professional help. Includes a comprehensive appendix with numerous helpful resources.



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